



The way you *should* be treated.

## MYHEALTH ONLINE PATIENT PORTAL

**MYHealth** is a free, easy and secure way to manage and monitor your electronic medical records anywhere you have online access – 24 hours a day, 7 days a week.

### SIGN UP TODAY

#### With MYHealth you can:

- View and download lab and radiology results
- View current medications, immunizations, allergy information and health issues
- View vital info such as blood pressure, height and weight
- Send general messages and medication refill requests
- Share results/documents from other specialists with our office
- Download patient education, patient letters and visit summaries

#### HOW CAN YOU GET STARTED?

1. Provide one of our staff members with the following:

Your name: \_\_\_\_\_

Your DOB: \_\_\_\_\_

Your email address: \_\_\_\_\_

Your zip code: \_\_\_\_\_

2. Watch for an email with instructions on how to complete your registration and activate your secure account with 24-72 hours.

***NOTE: Email will come from IQHEALTH not your physician or Silver Cross. Please be sure to check your spam folders.***

3. Once your personal account has been activated, you can access MYHealth at any time at **www.iqhealth.com**

Questions About Account Activation?

Account support is available at any time by calling **1-877-621-8014**